

# Usage of the World Health Organization's [OpenWHO.org](https://openwho.org) learning platform in Ukraine for specialists in Physical and Rehabilitation Medicine

Iryna BABOVA, MD, professor; Tetyana BEZVERKHNIUK, professor  
State Institution «Ukrainian Research Institute of Medical Rehabilitation and Resort Therapy of the Ministry of Health of Ukraine» (Odesa, Ukraine)

## Background

Rehabilitation is one of the leading strategies of public health in all health systems. Rehabilitation care is needed in almost all health states and pathologies leading to improvement of patients' quality of life. COVID-19 is suspected to affect almost 80% of the world's population and the majority will need rehabilitation care.

### Aim of the study:

To use the World Health Organization's [OpenWHO.org](https://openwho.org) learning platform in Ukraine on the national and regional levels to promote knowledge in Physical and Rehabilitation Medicine (PRM) among PRM doctors and specialists.

## Description

The World Health Organization's [OpenWHO.org](https://openwho.org) learning platform was used in Ukraine on national and regional levels during:

-A scientific and practical conference with international participation "Health-resort therapy and rehabilitation: modern development trends" (September 30 - October 1, 2021, Odesa). Learning content from the WHO course "Clinical management of patients with COVID-19: Rehabilitation of patients with COVID-19 (clinical-management-COVID-19-rehabilitation)" was adapted for use outside the platform during the report of professor Iryna Babova on the topic: "Rehabilitation of patients after coronavirus disease: WHO approaches and domestic realities" during the plenary session. Professor Tetyana Bezverkhniuk (moderator of the conference) demonstrated the possibilities of WHO learning platform usage for Ukrainian PRM doctors.

-A seminar "Evidence based PRM" (April 27, 2023, Odesa) for PRM doctors and specialists in Rehabilitation Medicine in Ukraine.

These events were organized by State Institution «Ukrainian Research Institute of Medical Rehabilitation and Resort Therapy of the Ministry of Health of Ukraine» (Odesa): in 2021 in face-to-face and online formats due to the pandemic situation and gathered more than 100 participants from all regions of Ukraine and from abroad; and in 2023 in a face-to-face format that gathered more than 120 participants from all regions of Ukraine.

## Lessons learnt

- The [OpenWHO.org](https://openwho.org) learning platform is a convenient free platform for medical specialists.
- It provides courses in different fields of medicine and is available also in Ukrainian.
- Usage of the [OpenWHO.org](https://openwho.org) learning platform in educational courses for medical specialists helps to build an effective life-long learning process.



<https://openwho.org/courses/clinical-management-COVID-19-rehabilitation>

Courses	Language and form	Enrolments
1 Scientific and practical conference with international participation "Health-resort therapy and rehabilitation: modern development trends", September 30 - October 1, 2021	Ukrainian, face-to-face and online	100 PRM doctors
2 Seminar "Evidence based PRM", April 27, 2023	Ukrainian, face-to-face	120 PRM doctors and specialists

## Next steps

The state institution «Ukrainian Research Institute of Medical Rehabilitation and Resort Therapy of the Ministry of Health of Ukraine» (Odesa) is a scientific institution in the field of Physical and Rehabilitation Medicine in Ukraine. It is provider of life-long learning for doctors and specialists in Physical and Rehabilitation Medicine and other medical specialties. Life-long learning is an obligatory and effective mechanism for the professional growth of medical specialists.

It is planned to use the learning content of WHO courses and the OpenWHO learning platform during future education sessions and courses on:

- rehabilitation in different pathologies and health conditions;
- infection control, including rehabilitation departments;
- social prescribing, mental health, etc.

Information about educational courses is available on the official website of the institute: [kurort.gov.ua](https://kurort.gov.ua)



Принципи доказової медицини в ФРМ  
Principles of evidence based medicine in PRM



Ірина Бабова,  
д.мед.н., професор,  
лікар ФРМ

## Корисні сайти з доказової ФРМ



OpenWHO – інтерактивна веб-платформа ВООЗ для передачі знань, яка пропонує онлайн-курси для покращення реагування на надзвичайні ситуації у сфері охорони здоров'я (доступні також українською мовою.)  
<https://openwho.org/>



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